

Whitewater Rafting eXcursion

What to Bring

- ☼ 5 sets of clothes
- ☼ Friday - Ropes course and Water park
- ☼ Saturday - Clothes to get wet in (synthetic clothes for whitewater rafting try to avoid cotton for getting wet. Example: "Under Armor" type material)
- ☼ Sunday – Hiking, rock climbing and rappelling clothes
- ☼ Swim suit MODEST one-piece bathing suits for ladies and girls. No tankinis.
- ☼ Boxer swimsuits for men and boys – No Speedo's; No Swim team suits
- ☼ 1 "spare pair" of clothing - accidents may happen
- ☼ Modest Evening wear (Pajamas)

evening temps avg. 65 and daytime 85

- ☼ Hiking boots
- ☼ Camp shoes/a.k.a. flip flops, sandals
- ☼ water shoes /old tennis shoes
- ☼ Day Pack /fanny pack etc
- ☼ Towels Bath towels and beach towels wash cloths hand towel
- ☼ Light sleeping bag or twin sheet set with light blanket
- ☼ Pillow
- ☼ Personal hygiene products: tooth brush, soap, shampoo, conditioner, razor, shaving cream, purell, Toilet Paper (in a Ziploc bag for day hike) medication, Etc
- ☼ Light wind breaker
- ☼ Ziploc bags
- ☼ Insect repellent
- ☼ chap stick
- ☼ sun screen
- ☼ sunglasses and strap (you might want to bring a spare pair)
- ☼ folding chair
- ☼ plastic bags for wet things

optional

- ☼ hat
- ☼ camera and film/memory stick etc..
- ☼ GPS
- ☼ Poncho
- ☼ Small Flashlight
- ☼ 2 way radios (w/ sub codes we will be on radio frequency of 7-15 FRS radios and we will have them on 24 hours)

How to pack

- ☼ 1 duffle bag or suitcase (this will be stored under the bus)
- ☼ 1 small carry-on for the bus (backpack etc.) this is for anything you might need on the bus while traveling ie: medication, book, magazine etc.
- ☼ Please no ice chests they tend to clutter the bus and leak
- ☼ We will have a community ice chest for drinks (be sure to label your drink)
- ☼ Complimentary Snack and Beverage service (colas and bottled water) on board bus